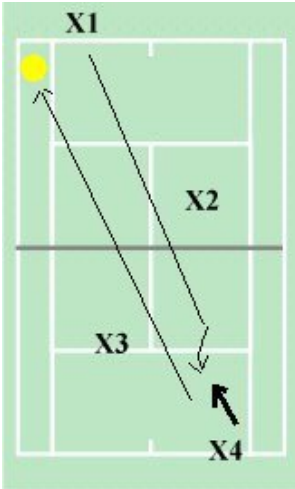


DSPSR535 - Return crosscourt and move to the net (deuce side)



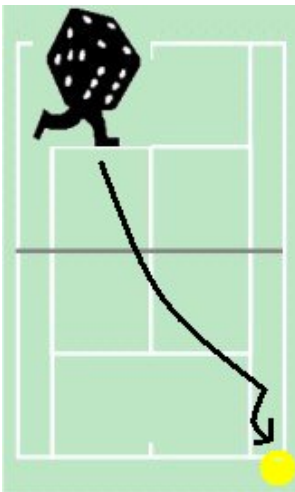
This shot pattern is high percentage and a common tactic when returning serve. The player returning the serve will hit the ball crosscourt and move to the net. The idea is to put pressure on the opponents and not necessarily hitting a winning return. In many situations a doubles team able to move together especially in a two up verses opponents who are in a one up and one back position has a big advantage and can often exploit the gap between the one up and one back player.

Recommended levels for this shot pattern; 3.5 and above
Recommended playing styles for this shot pattern: ACD - All Court Doubles, SVP - Serve and Volley Poachers

DoTT5-503 - Emphasize Strengths

Each player on a doubles team will have certain strengths and it's important for that player to use his strengths as often as possible. For example if one player has a very strong serve make sure he serves first in the match and for the start of a new set. Also make sure each player knows the strengths of the other player and ways to help exploit those strengths.

T113 - Take Chances when returning 2nd Serves in Doubles



Usually as a returner you will not be thinking offensively or have an aggressive attitude on your opponent's first serve. However, the second serve presents a different story. It's an opportunity to take chances and put pressure on your opponents. In doubles, it may not be as easy to hit an outright winner but you can still play aggressive. For example play a hard deep crosscourt return and move to the net if the server stays back. This will put your team in an offensive position and put more pressure on the serving team. If the server has moved in place the second serve low possibly setting up your partner.

Play aggressive but put the ball in play!

DoTT5-504 - Create Doubles Synergy

Synergy is when the result is greater than the sum of the parts. For a doubles team it often comes down to working together as a team not as two individuals playing. Learning and using sound doubles strategies and tactics with attitudes of winning and losing as a team help to create doubles synergy and success!

T121 - Got Communication?



Good communication usually means success in doubles. But there are different types of communication on the court such as body language and effort (remember most of communication is non-verbal) to what you say in 30 seconds between points or in the time between games and sets and of course during a point with a ball in the middle or a lob.

Communication in doubles is like another weapon you add to your team's strategy. But as with other shots you must practice communication and be willing to adjust it to fit different situations.

Notes: